



An empirical study of reproductive health awareness among adolescent girls of Patna City

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The present study was undertaken to investigate the awareness level in adolescent girls between the ages 11-19 years regarding reproductive health. Proper and effective health and sex education is the best method to improve reproductive health. Other factors such as economic development and high standard of living are also helpful to a woman in taking decisions regarding her own reproductive health, but it is hampered by the social taboos, gender-biased mentality of the society, low educational level and poverty. For the study, a sample of 100 adolescent girls was drawn randomly from four educational institutions. They were given questionnaire and the data collected were consolidated and tabulated. The result revealed that they had very low awareness level about reproductive health and related aspects.

Key words: Reproductive health, Reproductive rights, adolescent.
