



Drug Addiction among Youth

- Ayushi Kochar • Smriti Bhardwaj
- Vishakha Natasha
- Tapashi Bhattacharjee

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Corresponding Author : Tapashi Bhattacharjee

Abstract : *Of many social problems, drug addiction among youth is an increasing and growing problem in India. "Drug Addiction Among Youth" is experienced not only by a particular group, as only the rich or only the poor, but by all the groups. The youth are forced to select either their career or drugs. People face domestic violence, sexual abuse, unemployment. They even become criminals or are forced to sacrifice their lives.*

Key words: *Unemployment, Sexual Abuse, Criminal, Domestic Violence, Sacrificed Life, Family Destruction.*

Ayushi Kochar

B.A. III year, Sociology (Hons.), Session: 2014-2017,
Patna Women's College, Patna University, Patna,
Bihar, India

Smriti Bhardwaj

B.A. III year, Sociology (Hons.), Session: 2014-2017,
Patna Women's College, Patna University, Patna,
Bihar, India

Vishakha Natasha

B.A. III year, Sociology (Hons.), Session: 2014-2017,
Patna Women's College, Patna University, Patna,
Bihar, India

Tapashi Bhattacharjee

Assistant Professor, Department of Sociology,
Patna Women's College, Bailey Road,
Patna – 800 001, Bihar, India
E-mail: tapashibhattacharjee63@gmail.com

Introduction:

Drug abuse is becoming an area of concern as this is increasing in developed, developing and underdeveloped countries especially in Asia, Africa, America and Europe. The youth are specially affected by it. Drug addiction is emerging despite traditional and religious importance in society.

Addiction is a chronic disease characterized by drug seeking and is compulsive or difficult to control, despite harmful consequences. The initial decision to take drugs is voluntary for most people, but repeated drug use can lead to brain changes that challenge an addicted person's self-control and interfere with this ability to resist the intense urge to take drugs. These brain changes can be persistent, which is why drug addiction is considered a relapsing disease. People in recovery from drug use disorder are at increased risk of returning to drug use even after years of not taking drugs.

It is common for a person to relapse, but relapse does not mean that treatment will not work. As with other chronic health conditions, treatment should be ongoing and should be adjusted, based on how the person responds. Long term use of drugs can also cause changes in other brain chemical systems as well, affecting functions that include learning judgment, decision making, stress, memory and behavioural change. Despite being aware of the harmful outcome, many people who use drugs continue to take them, which is the nature of addiction.