



Relationship of Emotional Intelligence and Occupational Stress among Special School Teachers – A Case Study

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Abstract : *Emotional intelligence is a positive personality attribute, whereas, occupational stress is an individual's response to excessive demands or pressures placed on him/her. It is very interesting to understand the relationship between emotional intelligence and stress. The present study investigates **Relationship of Emotional Intelligence and Occupational Stress among Special School Teachers.** Sample for the investigation comprised of all the special*

educators working in two special institutions i.e. Pre-School Tripoliya and Asha Deep. Data used collected through a standardized tool for Emotional Intelligence and a self-designed questionnaire for Occupational Stress. Findings of the study indicate more occupational stress among married and older educators. Scores of Emotional Intelligence of special educators were found to be between 48-77. Final observation was found to be negative correlation between occupational stress and emotional intelligence for the present sample.

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Introduction :

Special Education is the education of students with special needs in a way that addresses the students individual differences and needs. The job of special school teachers is much more demanding with the need of experimentation with novel activities. The need for flexibility, autonomy and novelty makes their job inherently challenging making room for more conflicts. The increased demands and changes in special education field makes the special education teachers play diverse