



Impact of Aggressive Behaviour on the Adjustment of Adolescent

• Shreya • Tulika Kumari • Divya Kumari
• Neena Verma

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Corresponding Author : Neena Verma

Abstract : *The present research "Impact of Aggressive Behaviour on the Adjustment of Adolescence" was taken up with a purpose to see the impact of aggressive behaviour on the adjustment of adolescence and, to see the relationship between the aggression and adjustment of adolescents. To verify this four hypotheses were formulated-1. Aggressive behaviour and Adjustment will be negatively correlated. 2. Adolescent boys and girls will differ significantly in their level of aggression. 3. Aggressive behaviour will be high in adolescent boys than adolescent girls. 4. There will be significant difference in level of adjustment in adolescent boys*

and girls. A sample of 100 students-50 boys and 50 girls were selected from two colleges of Patna town- A.N College and J.D Womens College respectively by incidental – cum - purposive sampling method. The mean, standard deviation, product moment coefficient of correlation and critical ratio were computed for analysis of the data. The first hypothesis was "Aggressive behaviour and Adjustment of the Adolescent will be negatively correlated". This was not proved as there comes positive correlation between aggressive behaviour and adjustment. The second hypothesis was "Adolescent boys and girls will differ significantly in their level of aggression." Proved as the obtained value (7.046) is greater than the table value (2.63). The third hypothesis "Aggressive behavior will be high in adolescent boys than adolescent girls." was proved as the mean of male is high than that of female. The fourth hypothesis was "There will be significant difference in level of adjustment in adolescent boys and girls." was proved as the obtained value (4.048) is greater than the table value (2.63). It was suggested that parents should discourage aggressive behaviour and restrict using abusive language, and also should dedicate more time and support to the adolescents so that adolescents can have better adjustment.

Shreya

B.A. III year, Psychology (Hons.), Session: 2011-2014,
Patna Women's College, Patna University, Patna,
Bihar, India

Tulika Kumari

B.A. III year, Psychology (Hons.), Session: 2011-2014,
Patna Women's College, Patna University, Patna,
Bihar, India

Divya Kumari

B.A. III year, Psychology (Hons.), Session: 2011-2014,
Patna Women's College, Patna University, Patna,
Bihar, India

Neena Verma

Assistant Professor, Department of Psychology,
Patna Women's College, Bailey Road,
Patna – 800 001, Bihar, India
E-mail: neenaverma55@gmail.com

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