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Impact of Co-curricular Activities on Emotional Intelligence and Value Patterns of Secondary School Students

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Abstract : *Co-curricular activities refer to all those activities that are conducted in the schools in addition to the curricular activities but for which no grade is given. Co-curricular activities facilitate the development of various aspects mind and personality such as intellectual development, emotional development, social development, moral development and aesthetic development. Creativity, enthusiasm, positive thinking, tolerance and perseverance are some of the facets of personality development and outcomes of co-curricular*

activities. The present study focused on determining the impact of co-curricular activities on two significant personality traits of secondary school students, viz., emotional intelligence and value patterns. It was conducted on 103 secondary school students selected by incidental sampling technique. These students belonged to different schools affiliated to Central Board of Secondary Education (CBSE) and Council of Indian School Certificate Examinations (CISCE). The study was conducted in the Patna district of Bihar with the help of three different tools, Emotional Intelligence Inventory (EII), Study of Value Tests (SVT) and a questionnaire on Participation in Co-curricular activities (PCCA). The findings revealed that there is a significant impact of co-curricular activities on the emotional intelligence and value patterns of secondary school students. The finding also highlighted the significant correlation between emotional intelligence and value patterns of secondary school students.

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