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## Selfitis, Approval Motivation and Self-Esteem among Youth

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**Abstract :** A stratified sample of 100 youth based on gender in the age range 19 to 24 years from a college of Patna participated in the present study that aimed to explore selfitis, approval motivation and self-esteem among youth. Selfitis Behavior Scale developed by Balakrishnan & Griffiths (2017), Approval Motivation Scale developed by Tripathi and Tripathi (2013, 1980) and Self-Esteem Scale developed by Dhar and Dhar (2015) were used to measure the variables of the study. The findings revealed significant positive correlation between selfitis and approval motivation. Further, the results also

showed significant gender differences in selfitis although, gender differences in approval motivation and self-esteem were found to be not significant.

**Keywords:** Selfitis, approval motivation, self-esteem, youth.

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### Introduction :

Youth is the time of life when one is young and often an experience that may shape an individual's level of dependency marked in various ways. The United Nations General Assembly (2001) defines youth as persons between the ages of 15 and 24 while in some other parts of the world it refers to the individuals in the age range from 15 to 30 years as a period of transition from the dependence of childhood to adulthood's independence and that is why as a category youth is considered being more fluid than other fixed age groups. It is a crucial segment of the society and forms the backbone of any nation.

Our society is fast developing in education, science and technology, amenities, facilities etc. The present youth are living in an era where they have emails, a 24-hour social networking through internet, smart phones etc.