



**PATNA WOMEN'S COLLEGE
AUTONOMOUS
PATNA UNIVERSITY**

3rd cycle NAAC accredited at A grade with CGPA 3.58/4

'College with Potential for Excellence' (CPE) status accorded by UGC

Date: 15th – 20th June 2021

Time: 7 am- 8 am

ICPR Sponsored Workshop on

“Yogic Practices for health and wellness”

Organized by

The Department of Philosophy

In Collaboration with

Patna Women's College Alumni Association (PWCAA)

Click here to join

[Youtube Channel: Patna Women's College](#)



**Prof. Dr. Ameeta Jaiswal
Co-ordinator (Applied Yoga)
Patna Women's College**



**Ms. Mitu Kumari
Yoga Instructor**

**Faculty :
Dr. Kumkum Rani
Dr. Keerti Choudhary
Ms. Shyam Priya**