

# Department of Psychology

## Programme Outcomes (PO):

After the completion of B.A. Honours Degree Programme, the students will be able to achieve the following outcomes:

- PO1: Professional knowledge:** Acquire profound knowledge of humanities/Arts, its concepts and principles such as literary, philosophical, sociological, political, historical, economic foundations of education etc.
- PO2: Critical and Cognitive skills:** Develop and Demonstrate the ability to insightful response and analysis of a work of art in order to participate in discussions.
- PO3: Environment and sustainability:** Understand the impact of the scientific solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development.
- PO4: Effective Communication:** Demonstrate familiarity with and ability to analyze both verbally and in writing issues and forms of contemporary art with a clear understanding of historical precedents.
- PO5: Research and Analysis:** Demonstrate analytical skill and proficiency in a range of tools and techniques used in research in social science.
- PO6: Employability and higher Education:** Show proficiency in professional, employability and develop soft skills required for higher education and placements.
- PO7: Ethics:** Apply ethical principles and commit to professional ethics and responsibilities and norms of the humanitarian practice.
- PO8: Arts and Society:** Apply humanities knowledge to assess societal, health, safety, legal and cultural issues and the consequent responsibilities relevant to the professional arts practice.
- PO9: Interdisciplinary Learning:** Integrate academic curriculum with other co-curricular goals, such as career development, life-long learning, develop

interdisciplinary learning and opportunity to extend their knowledge across all disciplines.

**PO10: Nation Building:** Introspect and evolve into dynamic and creative individuals capable of socially productive, constructive actions that positively impact our Nation and the World at large.

## **Programme Specific Outcomes (PSO):**

**Upon completion of these courses, the student would be able to:**

**PSO1:** Fulfill the criteria for higher studies and professional courses such as M.A., M.Phil, Ph.D.,and Psy.D.

**PSO2:** Compete in different competitions like UGC-NET, UPSC, BPSC and others

**PSO3:** Explore new research areas to contribute in theoretical and professional approach of Psychology

**PSO4:** Build analytical skills and potential to ensure the modification and restructuring the behaviour

**PSO5:** Work and contribute to the development of different areas of work, and society using the principles of psychology

**PSO6:** Be attentive and patient in their roles and responsibilities towards others and society

**PSO7:** Acquire awareness towards gender, environment, sustainability, human values, and professional ethics and understand the difference between acting, responding, reacting to various social issues.

## **SEMESTER I**

### **PSY CC101: Introduction to Psychology**

#### **Course outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Outline the subject matter of psychology

**CO2:** Summarize the process and theoretical bases of learning, motivation, emotion, memory, perception

**CO3:** Examine the concepts to develop the analytical skills

**CO4:** Demonstrate the knowledge through experiment

## **SEMESTER I**

### **PSY CC102: Biopsychology**

#### **Course Outcomes:**

**After completion of the course, the student will be able to:**

**CO1:** Define biopsychology and classify its major divisions

**CO2:** Illustrate the functioning of brain and its abnormalities

**CO3:** Classify parts of nervous system, Central nervous system and peripheral nervous system and its specialized function

**CO4:** Identify different functions of endocrine glands, abnormalities

## **SEMESTER II**

### **PSY CC203: Psychology of Individual Differences**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Describe nature of personality, its psychodynamic and humanistic perspectives

**CO2:** Develop understanding about intelligence, different approaches and its theories

**CO3:** Analyze the concept of self and identity in Indian context

**CO4:** Evaluate individual potential and enhancing self and creativity

## **SEMESTER – II**

### **PSY CC204: Statistical Methods for Psychological Research-I**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Introduce psychological research and the basic concepts

**CO2:** Measure the central tendency of analyzing data and its graphical representation

**CO3:** Demonstrate the normal probability distribution and measure the variability and z score

**CO4:** Illustrate random sampling distribution of the mean and concept of correlation

### **SEMESTER III**

#### **PSY CC305: Psychological Research**

##### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Define and summarize the basics of research, and research traditions

**CO2:** Categorize the methods of sampling and experimental methods of data collection

**CO3:** Compare the various non-experimental methods

**CO4:** Explain psychological testing, concept and characteristics and demonstrate through practicum

### **SEMESTER III**

#### **PSY CC306: Development of Psychological Thought**

##### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Outline the concepts antecedent to Psychology

**CO2:** Explain the Structuralism, Functionalism, and positivist Orientation

**CO3:** Relate to the Psychoanalytic orientation, Western and Indian Perspectives

**CO4:** Associate to the Humanistic – Existential orientation

### **SEMESTER III**

#### **PSY CC307: Social Psychology**

##### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Outline the history, assumptions and approaches to Social Psychology

**CO2:** Evaluate self and its processes

**CO3:** Analyze the processes of social interaction and influence

**CO4:** Explain the group dynamics and inter-group relations

## **SEMESTER IV**

### **PSY CC408: Statistical Methods for Psychological Research-II**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Introduce inferential statistics and testing the hypothesis about single means

**CO2:** Present the hypothesis testing about the difference between two independent means

**CO3:** Examine the hypothesis testing about the difference between two dependent means

**CO4:** Evaluate the non-parametric tests and statistical packages in Psychology

## **SEMESTER IV**

### **PSY CC409: Developmental Psychology**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Outline the concept of human development

**CO2:** Group the periods of life span development

**CO3:** Analyze the various domains of human development

**CO4:** Illustrate the socio-cultural contexts and their significance for human development

## **SEMESTER IV**

### **PSY CC410: Applied Social Psychology**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Relate to the nature and methodological approaches in applied social psychology

**CO2:** Determine the applications of social psychology in environment, population and diversity

**CO3:** Examine the social psychology applications in work, health and legal systems

**CO4:** Assess the process and impact of intervention programmes

## **SEMESTER V**

### **PSY CC511: Understanding Psychological Disorders**

**Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Introduce the concept of abnormality and its classification

**CO2:** Acquaint student with different clinical types of anxiety, conversion and dissociative disorders

**CO3:** Provide knowledge and dynamics of developmental disorders

**CO4:** Understand substance-related and eating disorders, dynamics and etiology

**SEMESTER V**

**PSY CC612: Organizational Behavior**

**Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Highlight the antecedents, and contemporary trends and challenges in Indian as well as global settings

**CO2:** Examine the employee attitudes, motivation and its application at workplace

**CO3:** Explain the dynamics of organizational behaviour at the level of organization

**CO4:** Explain the approaches in leadership, issues and challenges, and Indian perspective

**SEMESTER VI**

**PSY CC613: Understanding and Dealing with Psychological Disorders**

**Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Understand the clinical picture of schizophrenia

**CO2:** Analyze the causal factors of mood disorders and suicide

**CO3:** Understand the Dynamics of personality and sexual disorders

**CO4:** Examine the treatment of disorders

**SEMESTER VI**

**PSY CC614: Counselling Psychology**

**Course Outcomes: After completion of the course, the student will be able to**

**CO1:** Understand the meaning, goals and process of counselling

**CO2:** Apply the techniques of counselling from theoretical perspective

**CO3:** Correlate the applications of counselling in different fields

CO4: Evaluate the current trends in counselling

## **SEMESTER I**

### **PSY GE101: General Psychology**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

CO1: Understand about psychology, basic cognitive, conative and affective processes

CO2: Explore the factors of individual differences- personality and intelligence

CO3: Memorize the developmental processes, cognitive, moral and psycho-social development

CO4: Categorize the application of psychology in work, law and health

## **SEMESTER II**

### **PSY GE202: Youth, Gender and Identity**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

CO1: Explain the concept of youth, gender identity, gender roles and multiple identities

CO2: Analyze the family, peer group and workplace identity in youth

CO3: Recognize gender discrimination, sexuality and cultural differences in youth

CO4: Evaluate major issues like violence, women empowerment and work-life balance related to youth

## **SEMESTER III**

### **PSY GE303: Psychology for Health and Well-being**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

CO1: Understand the concepts and models of illness, health and well-being

CO2: Analyse the effect of stress on physical and mental health and ways to manage it

CO3: Evaluate health enhancing and protective behaviours

CO4: Examine the human strengths and virtues and cultivate hope and optimism

## **SEMESTER IV**

## **PSY GE404: Psychology and Media**

### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Understand the interface of media and psychology

**CO2:** Analyze consumer culture and identity

**CO3:** Apply the methods and processes in knowing and creating consumer needs

**CO4:** Evaluate the critical issues in media influence

## **SEMESTER V**

### **PSY DS501: Positive Psychology**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Define and understand Positive psychology, its perspectives, character strengths and virtues

**CO2:** Understand the Positive emotional states and processes

**CO3:** Explain the Positive cognitive states and processes

**CO4:** Examine the application of Positive psychology in the areas of work, education, ageing and health

## **SEMESTER V**

### **PSY DS501: Health Psychology**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Understand the theoretical background of health in relation to psychology

**CO2:** Examine the characteristics and barriers to health behaviour

**CO3:** Explain the stress and its management

**CO4:** Assess the health management behaviours.

## **SEMESTER V**

### **PSY DS502: Human Resource Management**

#### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Define and interpret the concept of HRM and HRD, its context and issues



**CO2:** Examine the human resource practices in Organizations

**CO3:** Present the concept and issues in International HRM

**CO4:** Present the concept and techniques of Organizational Development

### **SEMESTER V**

#### **PSY DS502: Community Psychology**

##### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Associate the concept, nature, principles and fields of community psychology

**CO2:** Summarize the models of community mental health

**CO3:** Correlate the problems in community life and intervention

**CO4:** Review the development and empowerment of programs in India as well.

### **SEMESTER VI**

#### **PSY DSE603: Cultural and Indigenous Psychology**

##### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Analyze the cultural process beyond the descriptions of cultural differences

**CO2:** Understand self and others in the realm of culture

**CO3:** Evaluate the benefits and costs of cultural competence

**CO4:** Apply psychology from an Indigenous perspective

### **SEMESTER VI**

#### **PSY DSE603: Psychodiagnostics**

##### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Understand the process of psychological assessment

**CO2:** Compare the classification of psychological disorders in ICD and DSM

**CO3:** Appraise the approaches in behavioural assessment

**CO4:** Categorize the assessment and uses of different tests.

### **SEMESTER VI**

#### **PSY DS604: PROJECT/ DISSERTATION**

##### **Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Devise and conduct original and ethical research

**CO2:** Develop an understanding of the application of psychological concepts

**CO3:** Design and create dissertation in APA format

**CO4:** Gain practical knowledge on empirical/data based (quantitative, qualitative, or mixed-methods).

## **SEMESTER VI**

**PSY DS604: Psychological Perspectives in Education / Educational Psychology**

**Course Outcomes:**

**After completion of the course, the student will be able to**

**CO1:** Understand of the interface between education and psychology

**CO2:** Analyze the various issues and challenges that emerges with references to the application of psychological ideas and theories in the discipline of education

**CO3:** Evaluate the classroom management and assessment

**CO4:** Assess and deal with the classroom diversity

## **SEMESTER I**

**ENG AEC101 : English Communication**

**Course Outcomes:**

**After completion of the course, the student will be able to:**

**CO1:** Communicate effectively using the techniques in the area of spoken as well as written communication.

**CO2:** Hone their LSRW skills within their communication.

**CO3:** Design and answer job interview questions.

**CO4:** Demonstrate the ability to craft professional messages that are clear yet courteous.

## **SEMESTER – I**

### **HINAECC101 – हिन्दी-व्याकरण और सम्प्रेषण**

#### **परिणाम:**

1. विभिन्न प्रतियोगी परीक्षाओं के लिए तैयार करना।
2. सम्प्रेषण-क्षमता की वृद्धि करना।
3. कार्यालयी-पत्र लेखन की क्षमता विकसित करना।
4. हिन्दी के व्याकरणिक एवं सैद्धांतिक स्वरूप की जानकारी हासिल करना।

## **SEMESTER II**

### **EVS AEC202: Environmental Science**

#### **Course Outcomes:**

**After completion of the course, the student will be able to:**

**CO1:** Understand multidisciplinary nature of environmental studies

**CO2:** Understand the concept and types of natural resources and environmental pollution.

**CO3:** Evaluate the anomalies created due to haphazard population growth and its impact on environment.

**CO4:** Understand about the organizations, conventions and legislations working

## **SEMESTER III**

### **PHILSEC301: Inter-Religious Studies**

#### **Course Outcomes:**

**After the completion of the course, the student will be able to:**

**CO1:** Develop Inter-religious harmony & better understanding of other religions.

**CO2:** Interpret the different religions of the world.

**CO3:** Identify the common elements that bind different religions together.

**CO4:** Acquaint with the salient features of different religions.

## **SEMESTER IV**

**PSY SE402: Personality Development (Life Skills and Soft Skills)**

**Course Outcomes: The course aims to**

**CO1:** Appreciate the various approaches to study personality development

**CO2:** Acquire meaningful knowledge of various aspects of life skills

**CO3:** Illustrate the Indian ideas on the development of life skills

**CO4:** Promote happiness and healthy life by enhancing life skills